

### Pushing Through

Rev. Maynard explored epiphany with us, how the wise men needed lots of perseverance to follow a star for so many miles to meet the newly-born baby Jesus, despite the risks and hardships.

### Keeping going Against All Odds

Clergy members helped us to consider refugees and the perseverance they need to keep going, leaving everything behind. We analysed the painting 'The Flight into Egypt', talking about how afraid Mary and Joseph must have been as they travelled to a new land to escape Herod with the baby Jesus. We talked about how, even today, there are refugees fleeing for better lives.



### Perseverance is....

**P**ressing on

**E**ager to continue

**R**unning the race

**S**ticking with things

**E**ncouraging each other to keep going

**V**aluing the support of others

**E**yes fixed on the target

**R**eaching a goal over time

**A**iming to complete the task

**N**ot giving up

**C**ommitment to keep going

**E**nding up where you want to be

### Encouraging Other To Keep Going

The Open the Book team told us the story of Barnabas, 'the encourager' - a disciple of Jesus who saw the good in people, offered help and assistance to those in need. We explored how encouraging others can help them to persevere and overcome personal challenges.

### Running the Race of Life

Rev. Marian explored why perseverance might be needed in 'the race of life', thinking about the Hebrew verse in the bible. We were awe-struck at the perseverance of the Olympic runner, Derek Redmond who didn't stop after injuring himself when Rev. Marian shared this clip with us.



## PERSEVERANCE

## QUOTES & QUESTIONS



By perseverance the snail reached the ark.  
*(Charles H. Spurgeon)*

When the world says, 'Give up', Hope whispers, 'Try it one more time.'  
*(Anon)*

? Have you ever made fun of someone who takes a long time to do things? Maybe, like the tortoise in Aesop's fable, they will surprise you.

? When have you been the voice of hope and encouraged someone to try one more time?

**'I can do all things through Him who strengthens me.'**

Philippians 4.13

Fall seven times, stand up eight.  
*(Japanese Proverb)*

Dripping water hollows out stone, not through force but through persistence.  
*(Ovid)*

? Did you ever have to try lots of times before something was possible?

? Have you ever achieved a challenge in small stages, a little at a time?